



<https://timesintern.online/job/subway-restaurant-summer-internship-program-for-college-students/>

## Subway (restaurant) Summer 2026 Internship Program For College Students

### Description

Are you a food enthusiast looking to spice up your career? Look no further! Subway in Milford is a thriving hub of culinary creativity and we're searching for passionate individuals to join our team. If you have a zest for flavors, a knack for customer service, and a desire to be part of a fast-paced environment, then keep reading. Our Subway in Milford is more than just a restaurant—it's a place where taste and talent blend harmoniously.

As a team member at Subway Milford, you'll find yourself at the heart of a bustling eatery where fresh ingredients and creative combinations come to life. Your main responsibility will be to craft mouthwatering sandwiches and salads to perfection, catering to the unique tastes of our diverse customer base. In addition to preparing delightful meals, you'll also engage with customers, taking their orders, recommending combinations, and ensuring their experience at Subway is nothing short of exceptional.

### Responsibilities

1. Prepare made-to-order sandwiches and salads with precision and speed.
2. Follow Subway's renowned recipes and ensure adherence to high-quality standards.
3. Provide friendly and efficient customer service, ensuring a positive dining experience.
4. Maintain cleanliness and organization of the restaurant, including food preparation areas.
5. Uphold proper food handling and safety practices to guarantee customer well-being.
6. Collaborate with team members to ensure smooth operations during peak hours.
7. Actively participate in ongoing training and skill development opportunities.

### Qualifications

At Subway Milford, we value a diverse team with a range of backgrounds and experiences. While previous food service experience is preferred, it is not a mandatory requirement. We encourage individuals with the following qualifications to apply:

1. A genuine passion for food and a desire to learn and grow in the culinary industry.
2. Excellent communication skills to interact effectively with customers and team members.
3. Ability to work in a fast-paced environment, managing multiple tasks with ease.
4. Strong attention to detail to ensure accurate order fulfillment and ingredient selection.
5. Flexibility in working various shifts, including weekends and holidays.
6. Commitment to maintaining a clean and sanitary work environment.

### Hiring organization

Subway (restaurant)

### Employment Type

Intern

### Duration of employment

6 Month

### Industry

Restaurants

### Job Location

Milford, Connecticut, U.S.A, 06460,  
Milford, Connecticut, U.S.A

### Working Hours

8

### Base Salary

10

### Date posted

April 21, 2026

### Valid through

24.05.2028

7. A positive and friendly attitude that contributes to a welcoming atmosphere.

### **Experience**

While prior experience in the food service industry is advantageous, we also welcome individuals who are eager to begin their journey in the culinary world. At Subway Milford, we provide comprehensive training to equip you with the skills needed to excel in your role. If you have a strong work ethic, a willingness to learn, and a passion for creating delectable dishes, we encourage you to apply.

### **Skills**

1. Food preparation and assembly techniques that deliver consistently delicious results.
2. Excellent customer service skills to engage with a diverse clientele.
3. Ability to work efficiently and effectively under pressure, maintaining quality and speed.
4. Attention to detail in following recipes, portion control, and food safety guidelines.
5. Strong teamwork and collaboration skills to ensure seamless operations.
6. Adaptability to handle varying customer demands and preferences.
7. Excellent time management and organizational abilities.

### **Job Benefits**

At Subway Milford, we believe in recognizing and rewarding our dedicated team members. As part of our team, you can enjoy the following benefits:

1. Competitive wages and opportunities for performance-based incentives.
2. Flexible scheduling options to accommodate your personal commitments.
3. Ongoing training and professional development opportunities to enhance your skills.
4. A vibrant and inclusive work environment that celebrates diversity and teamwork.
5. Discounts on delicious Subway meals for you and your immediate family.
6. Opportunities for career growth within the Subway network.

### **Contacts**

To embark on this flavor-filled journey with Subway Milford, apply today! Visit our website to submit your application. For any further inquiries, please contact our hiring manager or email us. We look forward to welcoming you into our vibrant team.

Subway Milford is more than just a sandwich shop; it's a place where culinary dreams take flight. Join our dynamic team and unlock your potential in a creative and fast-paced environment. With the opportunity to create delightful meals, interact with diverse customers, and grow both personally and professionally, Subway Milford is the perfect destination for those craving a fulfilling career. Don't wait—apply today and savor the flavor of success at Subway Milford!